## PROTECT YOUR NEST EGG



## It's hard to crack the art of saving.

So imagine having to spend the money you've worked hard to save because you were too ill to work, or the breadwinner died unexpectedly.

When you really think about the monthly outgoings of the average family, even your hard-earned savings might not go as far as you'd think.



£276

What a household spends each month on food.



£186

The average monthly cost of running a car.



£106

The average monthly household spend on power.

So be a good egg, think about life or critical illness cover today.

Sources: Office for National Statistics, Family spending in the UK: April 2019 to March 2020

To find the best way to protect you and your family, talk to us today.

Call The Team on 0115 9445777

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